

IF YOU ARE HAVING AN EMERGENCY PLEASE

DIAL 000

HELPLINES

Yarning SafeNStrong 1800 959 563

Free to call and have a yarn 24/7

Brother to Brother 1800 435 799

24/7 for Aboriginal men

NURSE ON CALL 1300 60 60 24

Health advice 24/7

Directline 1800 888 236

24/7 for people impacted by drug use

1800RESPECT 1800 737 732

Family violence and sexual assault 24/7

Sexual Assault Crisis Line 1800 806 292

For victims/survivors of past and recent sexual assault
5pm to 9am the next day, all weekend and public holidays

Safe Steps 1800 015 188

Family violence response service 24/7

Rainbow Door 1800 729 367

Supports for LGBTIQ+ people. 10am to 5pm 7 days

Lifeline Call **13 11 14** or Text **0477 13 11 14**

Crisis and mental health support, suicide prevention 24/7

Mensline 1300 78 99 78

24/7 for men dealing with relationship problems

Parentline 13 22 89

Support for parents & carers 8am to 12 midnight 7 days

Griefline 1300 845 745

For loss and grief. 12pm to 3am 7 days

Gambler's Help 1800 858 858

24/7 Support for anyone affected by gambling

**WE WISH YOU THE BEST
IN YOUR NEXT STEPS!**

OTHER INFO ABOUT LEAVING CARE

createyourfuture.org.au

Download the Sortli App for
supports to independence.

sortli

Available on the
App Store

GET IT ON
Google Play

NEED SOMETHING ELSE?



Ask Izzy can help you
find a variety of support
services near you.

askizzy.org.au



VACCA

Connected by culture

VICTORIAN ABORIGINAL CHILD CARE AGENCY

VACCA Preston (Head Office)

340 Bell Street, Preston VIC 3072

p. (03) 9287 8800 w. vacca.org e. vacca@vacca.org

    @vaccaorg



Victorian Aboriginal
Children & Young
People's Alliance

w. vacypalliance.org



Victorian Aboriginal
Children & Young
People's Alliance



VACCA
Connected by culture

VICTORIAN ABORIGINAL CHILD CARE AGENCY

Eastern Region

So you have turned 21 and are
LEAVING
Better Futures

**Info for Aboriginal /
Torres Strait Islander
young people**

In this brochure you will find
information on supports to reach out to.

LEGAL SERVICES

VALS - Victorian Aboriginal Legal Service
1800 064 865

Legal assistance to Aboriginal and/or
Torres Strait Islander people
vals@vals.org.au

Djirra 1800 105 303

If you are experiencing or have
experienced family violence
djirra.org.au

Young Workers Centre 1800 714 754

Legal assistance to workers aged 30 & under
youth@vthc.org.au

Eastern Community Legal Centre
1300 3252 00

Free legal assistance in the east
eclc@eclc.org.au / eclc.org.au

EMPLOYMENT

SKILLS & JOBS CENTRES

Centrelink Lilydale 13 24 68

Box Hill Institute (03) 8892 1370

Help with job searching, apprenticeships
and traineeship advice

SAJC.Lilydale@boxhill.edu.au

Uniting 1300 090 989

Workplace training & skills
[www.unitingvictas.org.au/services/
employmentservices/](http://www.unitingvictas.org.au/services/employmentservices/)

Seek.com.au

Ethicaljobs.com.au

JOB BOARDS

careertrackers.org.au/jobs-board

www.ethicaljobs.com.au

atsijobs.com.au/jobs

koorimail.com/employment

FAMILY VIOLENCE SUPPORT

VACCA East (Chirnside Park)
(03) 8727 0200

Orange Door 1800 271 150

Family violence support, including legal help.

orangedoor.vic.gov.au

oema@orangedoor.vic.gov.au

HOUSING

Aboriginal Housing Victoria 1800 248 842

RENTERS SUPPORT

Tenants Victoria

Renter support phone line (03) 9416 2577
tenantsvic.org.au

PUBLIC HOUSING

Victorian Public Tenants Association
1800 015 510

Public housing waiting list support
enquiries@vpta.org.au

EMERGENCY HOUSING

Anchor: (03) 9760 6400

The Salvation Army (Salvos): 13 72 58

St Vincent de Paul (Vinnies): 131 812

DFFH - Crisis Accommodation: 1800 825 955

Wesley Mission Victoria: (03) 9662 2355

HEALTH AND WELLBEING

VAHS - Victorian Aboriginal Health Service
(03) 9419 3000

DENTAL

Inspiro (03) 9738 8801

Public affordable dental care
17 Clarke Street, Lilydale VIC 3140

MENTAL HEALTH

Headspace (03) 97357900

For young people aged 12-25
headspacelilydale@each.com.au

NURSE ON CALL 1300 60 60 24

Health advice 24/7