

IF YOU ARE HAVING AN EMERGENCY PLEASE

DIAL 000

HELPLINES

Yarning SafeNStrong 1800 959 563

Free to call and have a yarn 24/7

Brother to Brother 1800 435 799

24/7 for Aboriginal men

NURSE ON CALL 1300 60 60 24

Health advice 24/7

Directline 1800 888 236

24/7 for people impacted by drug use

1800RESPECT 1800 737 732

Family violence and sexual assault 24/7

Sexual Assault Crisis Line 1800 806 292

For victims/survivors of past and recent sexual assault
5pm to 9am the next day, all weekend and public holidays

Safe Steps 1800 015 188

Family violence response service 24/7

Rainbow Door 1800 729 367

Supports for LGBTIQ+ people. 10am to 5pm 7 days

Lifeline Call **13 11 14** or Text **0477 13 11 14**

Crisis and mental health support, suicide prevention 24/7

Mensline 1300 78 99 78

24/7 for men dealing with relationship problems

Parentline 13 22 89

Support for parents & carers 8am to 12 midnight 7 days

Griefline 1300 845 745

For loss and grief. 12pm to 3am 7 days

Gambler's Help 1800 858 858

24/7 Support for anyone affected by gambling

**WE WISH YOU THE BEST
IN YOUR NEXT STEPS!**

OTHER INFO ABOUT LEAVING CARE

createyourfuture.org.au

Download the Sortli App for
supports to independence.

sortli

Available on the
App Store

GET IT ON
Google Play

NEED SOMETHING ELSE?



Ask Izzy can help you
find a variety of support
services near you.

askizzy.org.au



VACCA

Connected by culture

VICTORIAN ABORIGINAL CHILD CARE AGENCY

VACCA Preston (Head Office)

340 Bell Street, Preston VIC 3072

p. (03) 9287 8800 w. vacca.org e. vacca@vacca.org

    @vaccaorg



Victorian Aboriginal
Children & Young
People's Alliance

w. vacypalliance.org



Victorian Aboriginal
Children & Young
People's Alliance



VACCA
Connected by culture

VICTORIAN ABORIGINAL CHILD CARE AGENCY

Ballarat Region

So you have turned 21 and are
LEAVING
Better Futures

**Info for Aboriginal /
Torres Strait Islander
young people**

In this brochure you will find
information on supports to reach out to.

LEGAL SERVICES

Djirra 1800 105 303

If you are experiencing or have experienced family violence

djirra.org.au

VALS - Victorian Aboriginal Legal Service

VALS Ballarat – 0400 118 392

Or 1800 064 865

Legal assistance to Aboriginal and/or Torres Strait Islander people

vals@vals.org.au

Legal Aid Ballarat

Toll free: 1800 081 719

(03) 5329 6222

Robby.carney@vla.vic.gov.au

Young Workers Centre 1800 714 754

Legal assistance to workers aged 30 & under

youth@vthc.org.au

EMPLOYMENT

Fed Uni: 1800 333 864

Indie College: 1800 046 343

enquiries@indie.edu.au

Worn Gundidj:

Kim Valentine 0400 956 117

kim.valentine@worn Gundidj.com.au

Brooke Jenkins 0484 330 772

brooke.jenkins@worn Gundidj.com.au

Job Boards

careertrackers.org.au/jobs-board

www.ethicaljobs.com.au

atsijobs.com.au/jobs

koorimail.com/employment

FAMILY VIOLENCE SUPPORT

Family Violence Support & Local Justice (BADAC) 0499 026 513

Aegan@badac.net.au

Orange Door 1800 271 150

Family violence support, including legal help.

orangedoor.vic.gov.au

oema@orangedoor.vic.gov.au

HOUSING

Uniting Ballarat 03 5332 1286

UnitingSDP@vt.uniting.org

Berry Street (03) 5330 5000

receptionrampians@berrystreet.org.au

Karrung (03) 5339 8299

HEALTH AND WELLBEING

Cultural & Therapeutic Support Program

(BADAC) – 0427 845 393

Sbrown@badac.net.au

Social and Emotional Wellbeing Services

(BADAC) – 0499 022 863

Ptreloar@badac.net.au

BADAC Medical Clinic – 5331 5344

Pkochskamper@badac.net.au

Headspace Ballarat - (03) 5304 4777

info@headspaceballarat.org.au

NURSE ON CALL 1300 60 60 24

Health advice 24/7